



ST MICHAEL'S SCHOOL
CHURCH OF ENGLAND PREPARATORY SCHOOL

SPORTS PROVISION

May 2017

INTRODUCTION

At St Michael's we aim for all children to benefit from a broad and balanced curriculum, to inspire children to cultivate their talents and to instil in them a love of learning. Within this, we want the children to grow in confidence, independence and integrity and to develop as well-rounded individuals.

We believe that participation in physical activity is a vital ingredient in the development of healthy, well-balanced individuals and that this can also lead to deeper levels of emotional and social health and well-being.

Whilst we are limited on physical outside space for sport we are not limited in ambition for children to enjoy and achieve in competitive sporting participation. We aim for all children to demonstrate a good understanding of fair play and increasingly mature levels of sportsmanship, to contribute positively to team spirit and provide support for fellow members of their team in times of challenge and to show good grace in victory and defeat.

This paper sets out the current provision for sport at St. Michael's School. From this I hope that you can begin to see the wide range of sporting opportunities that exist for the children and the successes that the children have achieved in recent years. However, the Sports department and I are keen to continue to widen the provision of opportunities for the children to be involved in sport and so it is very much 'work in progress.'

ORGANISATION

PE is taught from Nursery to Form 6 by a specialist teacher for 1 hour per week.

Foundation Stage have other periods of time set aside for physical development.

In Form 1 each class has an additional hour of PE each week taught by the class teacher.

In Form 2 each class has an additional hour of Games each week taught by a specialist teacher.

In Forms 3-4 each class has 2 hours of Games each week on a Tuesday afternoon (this time includes changing and travelling time, where applicable). Children are taught in their classes.



In Forms 5-6 the children have 2 hours of Games each week on a Wednesday afternoon (this time includes changing and travelling time, where applicable). The children are divided into groups according to sporting performance.

CURRICULUM

The PE curriculum includes:

- dance, gymnastics, health related fitness, basketball, sports hall athletics and volleyball.

The Games programme includes:

- ball skills, cross country, 'kwik' cricket, swimming (F3 only – summer term), tag rugby, football, hockey, netball, athletics and rounders.



EXTRA-CURRICULAR ACTIVITIES 2016 - 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Pre-Prep Sports (F1-2)	Hockey Club (F3-4)	After School Sports (F5-6) – Football, rugby, hockey	Netball Club (F5-6)	
Netball team practice (F5-6)	T'ai Chi Club (F3-6)	Netball/rounders (F3-4)	Football Club (F3-4)	

SPORTING REPRESENTATION

Children are given opportunities to represent the school in sports in a variety of ways:

Southend Primary Schools Sports Association (SPSSA)

The School is a member of the SPSSA and we take part in a variety of tournaments organised by the association during the year:

- Tag Rugby (F5/6)
- Football (F3/4)
- Netball (F5/6)
- Hockey (F3/4 and F5/6)
- Key Stage 1 Borough Athletics (F1-2)
- Key Stage 2 Borough Athletics (F3-6)
- Sports Hall Athletics (F3-6)
- Cross Country (F3-6)
- Multi-sports (F1 – F2)
- Netball League (F5/6)
- Hockey League (F5/6)



Other tournaments and matches

In addition to the SPSSA events children may take part in matches organised as follows:

- Brentwood School Football and Netball tournaments
- East Region Snow Sports Association – ski racing
- Friendly fixtures



Inter-house competitions

All children in the Prep department represent their House in inter-House matches which take place during normal Games lessons in:

- Cross country
- Netball
- Volleyball
- Football
- Tag-rugby

The results of all House matches in all Years 3 – 6 contribute to the overall House Cup for these sports.

In addition, all children in Forms 1 – 6 take part in our annual athletics Sports Day and in the preliminary rounds of competitions during Games lessons. Results from Sports Day are collated to determine the winning House for athletics.

Children in Foundation Stage have their own separate Sports afternoon where the emphasis is on participation and fun (and collecting lots of stickers!!)



TEAM SELECTION

In selecting teams to represent the school the following criteria are used as the *basis* for selection:

- Games staff knowledge of children's sporting ability
- A child's individual interest and achievement in the sport as evidenced in school
- A child's confidence and the teacher's best judgement of the child's ability to handle a competitive situation
- Tournament regulations (e.g. boys only, girls only or mixed)
- A child's commitment to attending team/sports practices
- Teacher knowledge of an individual's sporting ability as evidenced of school
- On occasion, as a result of open trials.



In selecting teams Games staff will choose teams who, in their opinion, are the most likely to conduct themselves well against the opposition and to achieve success in the match/tournament. Where possible, younger/less experienced players are given opportunities to represent the school in friendly matches in preparation for more high profile tournaments/matches later on. Attendance at extra-curricular sports activities does not guarantee a child a place in a school team.

NOTABLE ACHIEVEMENTS IN THE LAST 5 YEARS

Hockey	F3/4 Borough Hockey Champions	2013, 2014
Athletics	Key Stage 2 Borough Athletics (Division 2) Champions	2012
	Key Stage 2 Borough Athletics (Division 2) Field Events	3 rd Place 2015
Rugby	Visteon Cup winners	2012
Netball	Southend District Netball League (Division 1) Runners Up	2012
	Southend District Netball League – Winners of Southend West	2017
Skiing	East Region Snow Sports Association – silver medallists	2016
	Active Essex Award for Key Stage 1 Sports –	2015 & 2016

STAFFING

Mrs June Best (Head of Department)

Ms Teresa Farrington

Mr Ricky Juson

Miss Stephanie Haddrell

During this school year the children have also benefited from coaching from the Southend United Football Club Community Coaches.

RESOURCES

PE lessons are conducted in the school hall, which contains large gymnastics apparatus and an extensive range of PE equipment. Games lessons take place in the school playgrounds (netball and hockey) and the Belfairs Cricket Ground (football, rugby, cricket, athletics and rounders). Swimming currently takes place at the Clements Hall pool, but this can vary year to year.

Sports Day (Foundation Stage) takes place in school, normally in the rear playground.

Sports Day (Y1-Y6) takes place at the Basildon Sporting Village.

S. Tompkins

May 2017