MENU – WEEK 3

Meat Free Pasta Bar Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Jacket Potato Beans or Cheese	Jacket Potato Beans or Cheese	Jacket Potato Beans or Cheese	Jacket Potato Beans or Cheese	Jacket Potato Beans or Cheese
Farfalle Pasta or Wholewheat Pasta (Gluten Free Option Available)	Hoi Sin Chicken Boneless Thigh	Honey Roasted Gammon served with Mini Yorkshires & Gravy	Mini Meatballs in a Vegetable & Tomato Sauce	Breaded Oven Baked Fish Fillet
Creamy Pesto Sauce or Roast Cherry Tomato & Pepper Sauce	Pepper & Mushroom Chow Mein	Quorn Sausages with Mini Yorkshires & Gravy	Meatless Meatballs in a Vegetable Tomato Sauce	Quorn Fingers or Gluten Free Fish Finger
Garlic Bread	Rice	Roast Potatoes	Wholewheat Pasta	Oven Roasted Wedges
Garden Salad	Steamed Broccoli Florets	Green Beans	Sweetcorn	Peas
Fruit Salad	Flapjack	Vegetarian Fruit Jelly	Jam Sponge	Chocolate Brownie